

## Rhizome guide to

# The meeting process

There are a variety of processes that can be used to run meetings. What follows is a core process that can be adapted with different techniques and in different situations.

### Making contact

Your first step is to make contact with all the parties in order to –

- Find out how they are experiencing the issue
- Explain the meeting process to them
- Explore the outcomes they are seeking
- Ask if there is anyone else that needs to be involved
- Check availability and factors that may affect attendance. For example, caring needs or accessibility issues.

### Running the meeting - a sample agenda:

#### **STEP 1: Introduction:**

- ☐ *Who you are and your role as facilitator/chair.*
- ☐ *Who everyone else is in the room and who they represent.*
- ☐ *Agreed ground rules for the meeting.*
- ☐ *The agenda for the meeting.*

#### **STEP 2: Issues generation**

- *Using ideastorming or post-it notes (or some other method) get the participants to write up the issues they'd like to talk about in the meeting.*
- *Group these with the consent of the participants.*
- *Clarify the meaning of any issues that any of the participants do not understand.*
- *Check that all the issues have been raised.*
- *You may need to split the group into smaller groups to generate the issues.*

### **STEP 3: Issue exploration**

- ☐ *Either in the large group or in smaller groups get the participants to explain how these issues are affecting them and the impact on their work/lives.*
- ☐ *Clarify misunderstandings and avoid problem solving at this stage.*



### **STEP 4: Ways forward**

- ☐ *In the large group or small groups get the participants to come up with ideas to resolve the issues presented.*
- ☐ *Get the groups to report back on their ideas for resolution.*
- ☐ *Explore the misunderstandings, impacts and possibility of implementation for each idea presented.*
- ☐ *Record any emerging agreements.*

### **STEP 5: Review and next steps**

- ☐ *Check that the participants are happy with the agreements..*
- ☐ *Examine the agreements to check that they can be implemented. Identify the timescale for implementation, who will be active in implementing, whether the resources are available and any monitoring arrangements.*



*rhizome@rhizome.coop*

**0845 458 4776**



**This work is licensed under Creative Commons Attribution Share-alike 2.0:UK license. See [rhizome.coop/resources](http://rhizome.coop/resources) for details**